

Kent Ira Groff—Themes for Retreats and Workshops
10193 E. 29th Avenue, Denver, CO 80238 (720) 949-1598
Email: kentiragroff@comcast.net Web: www.LinkYourSpirituality.com

LEADING RETREATS HAS BEEN MY PASSION FOR OVER TWO DECADES.

Any event (hour-long, weekend or five days) will include my own engaging, interactive presentations, film clips, music, art, quiet times and conversations among participants—making use of multiple learning modes. No one is ever bored, even after lunch, yet there is spaciousness for contemplation and reflection.

HERE ARE SOME SAMPLE TOPICS.

*Specific title and 50-70 word description and mini-bio about me are tailored for your group.

Spiritual But Not Religious? Bridges between Doubt and Faith (Audience I)

Are you or is a friend on a spiritual quest but not at home in religious institutions? Explore how barriers to believing can become a bridge to a deeper level of spirituality. Draws on my book *What Would I Believe If I Didn't Believe Anything?*

Companioning Spiritual Orphans: Reaching In to Reach Out to New Generations (Audience II)

For spiritual leaders trying to relate to seekers outside the circle of religious institutions—willing examine their own faith struggles as a source of spiritual learning. Draws on my book *What Would I Believe If I Didn't Believe Anything?*

Living Poetically: Poetry as Perceiving, Presence and Passion

We yearn to be genuine in a complex culture—to see the world in a single flower, to live and love with simplicity and gratitude. Introduces *The Spiritual Exercises* of Ignatius of Loyola using my new book *Facing East, Praying West*.

Writing Your Way Home: Finding Grace and Growth through Your Fingertips

Contemplation leads to deepening communication with self and others in practical notes, personal journaling or professional presentations. Draws on my newest book *Writing Tides: Finding Grace & Growth Through Writing*.

The Soul of Leadership: Weaving Spiritual Practices in Church and Personal Life

Explore how to integrate spiritual practices into community—for pastors, lay leaders, youth ministers, educators, musicians, chaplains, students, and church officers. Draws on my book *The Soul of Tomorrow's Church*.

Honest-to-God Prayer: Spirituality for the Active Life

Basic spiritual formation content and practice to connect to real life experiences—for church members, leaders, and seekers. Draws on Psalms, scriptures and on my book *Active Spirituality: A Guide for Seekers and Ministers*.

Healing Environments: Personal and Communal

Any who desire to create a safe environment in personal, home, church, community and world contexts. (Special versions for healthcare institutions.) Draws on my experience as a chaplain and spiritual director.

Journeyman: Being Men, Being Spiritual

Explore our lives as men in the world of family, work and community and integrate spirituality and the stuff of life. Draws on my book *Journeyman: A Spiritual Guide for Men (and for Women Who Want to Understand Them)*

Spiritual Fitness for Serving Well

Explore and design practices for spiritual health—for leaders and seekers, officers and spouses or invited friends, pastors, teachers, chaplains or healthcare workers.

Leading Contemplative Gatherings

Develop contemplative practices and skills for leading groups or retreats. Drawing on decades of retreat ministry, the leader uses interactive presentations, film clips, silence and music for mining participants own stories.

Mutual Mentoring: Exchanging Wisdom across Generations

Creative Eldering: A Pilgrimage with Dreams and Detours

New generations are “natives” of a radically changed world. In a mutual process of mentoring *and* being mentored, younger through elder adults connect with questions and stories to discover gifts in transitions for living with gratitude and purpose.

Discerning Life’s Choices: Finding the Calls within the Call

How do you discern your vocation and what expression your call take in a given chapter of life? Leaders or journeyers, younger or older, ministers, teachers and professionals re-examine what shape your life wants to take.

Spiritual Themes in Films

Through viewing and reflecting on film clips, younger through older adults find a spiritual spin on life issues such as vocation, relationships, loneliness, forgiveness, caregiving, and prayer. Also training for using films in presentations.

Dreaming Awake: Living on Purpose

Explore how dreamings take the form of warnings and epiphanies in sleep dreams or waking moments: a line of a conversation or a luminous tree may contain vocational hints. Based on the leader’s forthcoming book, *Dreaming Awake*.

DR. KENT IRA GROFF, founding mentor of Oasis Ministries, Camp Hill, PA, is a spiritual companion for journeyers and leaders, a writer and retreat leader living in Denver, Colorado. He describes his work as “one beggar showing other beggars where to find bread.” You can travel with Kent through his writings in *Active Spirituality: A Guide for Seekers and Ministers*, *Journeyman: A Spiritual Guide for Men*, and *The Soul of Tomorrow’s Church*. Share his passion to communicate beyond church doors in *What Would I Believe If I Didn’t Believe Anything?: A Handbook for Spiritual Orphans*, in *Writing Tides: Finding Grace and Growth Through Writing* and in his prayer poetry, *Facing East, Praying West*.

He leads events at retreat centers, campuses, theological seminaries, and faith communities in the U.S. and abroad. With experience as a pastor, chaplain and seminary professor, he is a graduate of Pennsylvania State University, Princeton Theological Seminary, and Chicago Theological Seminary with a doctorate in religion. He completed the chaplain residency program at Penn State’s Hershey Medical Center and training at Shalem Institute for Spiritual Formation. View all books www.LinkYourSpiritualit.com